



TREATMENT MENU

MASSAGE

SHWA BALINESE MASSAGE

1 hour – 360 | 1.5 hours - 430 | 2 hours - 560

Combined acupressure & standard massage movements designed to relieve stress and lift the spirit.

ACHILLES HEEL REFLEXOLOGY

45 minutes - 320

Based on a system of points located on the hands, feet and ears that correspond to other areas of the body, designed to stimulate the flow of energy, relieve pain and blockages throughout the body.

GALACTIC DEEP-TISSUE MASSAGE

1.5 hours - 520

Deep-tissue massage works deeply into the muscles and connective tissue to release chronic aches and pains by reaching beneath the surface muscles. This technique is useful in treating chronic pain, inflammation and injury.

VENUS HOT ROCKS MASSAGE

1.5 hours - 560

Smooth hot and cold stones harvested from natural springs and volcanoes used with massage oil in conjunction with deep-tissue massage to provide relief from tight and sore muscles.

YOUR ACHING BACK MASSAGE

45 minutes – 250

This pressure point massage targets deeper layers of muscle while increasing blood circulation while promoting relaxation.

BLIND TOUCH MASSAGE

1 hour - 470

Blind since birth, Nyoman has acute intuition that enables him to target individuals' specific pressure points with a remarkably gifted touch.

MARS AND VENUS ROMANTIC TREATMENT

2 hours - 970

Together, you can enjoy a Balinese or aromatherapy massage, bath scrub of your choice & a relaxing flower bath.

BATH & SCRUBS

THE ZOMBIE BATH

40 - 50 minutes – 200

Our signature bath includes soda bi-carbonate, Epsom salts, mixed aromatherapy oils and a cup of ginger tea. Recommended for those who are in pain and need a good night's rest.

BODY MASK BALINESE BOREH

1 hour - 320

A unique Boreh mixture of healing clay, temu lawak, black rice, and benzoin is applied to the whole body to exfoliate and soften the skin. This deep cleansing treatment imparts an extraordinary sensation of relaxation, harmony and peace.

SARASWATI TRADITIONAL LULUR SCRUB

2 hours - 600

This sumptuous traditional health and beauty ritual has been used by the ladies of the Royal families for centuries and works well in eliminating dead skin cells. Our Lulur recipe is made from a blend of finely ground Javanese native herbs, rice powder, pandanus leaves, turmeric, curcuma & heyneana spices.

YOGHURT AND SODA BI CARBONATE FOOT BATH

Yoghurt soaked feet treatment to help heal dry cracked heels for irresistibly smooth skin. Soda bi-carbonate is added to help soften the hard areas of skin and yoghurt to heal and moisturize. To seal in all the goodness, a generous amount of cold pressed coconut oil is massaged into the skin.

YOGHURT AND SODA BI CARBONATE FOOT BATH REFLEXOLOGY

1 hour – 420

YOGHURT AND SODA BI CARBONATE FOOT BATH PEDICURE

70 minutes – 420

YOGHURT AND SODA BI CARBONATE FOOT BATH REFLEXOLOGY & PEDICURE

130 minutes - 600

FACIALS

VENUS DE MILO FACIAL

1 hour - 500

This 100% organic facial cleans, exfoliates and nourishes the skin, promoting a clear, well-hydrated complexion and can help your skin to look younger and with a rejuvenated glow.

CLEOPATRA PEARL FACIAL

1 hour - 600

This royal treatment originated with the beautiful Pharaohs in ancient Egypt. This facial begins with a deep cleanse with Bloodroot followed by a Pearl Powder that is gently massaged into the skin cleansing the pores to create an extraordinary glow. The Pearl

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*Prices are quoted in thousand Indonesian Rupiah, and are subject to 21% tax & service charge.

Facial contains 17 amino acids and 30 trace elements found in pearls that our bodies need for longevity and good health.

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OTHER PAMPERING

MANICURE/PEDICURE YOGHURT AND SODA BI CARBONATE FOOT BATH

Manicure- 1 hour – 250 Express Manicure w/o polish 40 minutes – 175

Pedicure- 1 hour – 250 Express Pedicure w/o polish 40 minutes - 175

Give your hands and feet the treatment they deserve with a pampering bath, scrub and a massage, finished with an OPI polish of your choice.

WAXING

Brazilian Waxing - 320

Full-leg Waxing - 340

Half-leg Waxing - 270

Bikini line - 165

VENUS DESERT STORM EAR CANDLING

1 hour - 360

Ear coning uses a cone to create a spiral flow of smoke, heated air, and herbs into the ear canal to draw out physical and emotional debris. Relaxing & noninvasive, this ancient treatment is excellent for sinus problems, chronic headaches, hearing difficulties and stress.

VENUS FLY TRAP - FAR-INFRARED SAUNA

Each session 40 - 50 minutes

It has been estimated a person sweats eight times more toxins and heavy metals through the use of a far-infrared sauna than through the use of a traditional dry sauna, steam bath or from sweating through exercise.

1 session for 1 person - 225 / 1 session for 2 persons – 375

1 session for 3 persons - 500 / 1 session for 4 persons – 750

YOUR YOGA

1 hour class for 2 persons - 870

1.5 hours class for 2 persons – 1.150

Enjoy private yoga classes in your villa as our instructor tailors the classes to your specific needs. Choose from Ashtanga, Kundalini and Hatha Yoga.

REIKI

1.5 hours – 1.250

Loosely translated, Reiki means universal or spiritually guided life-force energy. This powerful method of hands-on healing works to open and align the body's energy systems.

CRANIO SACRAL THERAPY

1 hour - 1.550

Cranio sacral therapy is an exceptionally gentle yet extremely powerful treatment. It is a profound healing process that can release the deeply held patterns of disease, both physical and psychological, which accumulate throughout life as a result of injury & illness and become held into the body tissues. Good as rehabilitation after accidents, shock, trauma, post surgery, migraines, headaches, stress, nervousness, sleep disorders, anxiety and ADD.

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